

# Indira Gandhi National Open University

School of Social Sciences

**Course Code: SAMPLE-101**

**Course Title: Introduction to Sample Studies**

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## **BLOCK 1: FOUNDATIONS OF THE SUBJECT**

### **UNIT 1: INTRODUCTION TO THE DISCIPLINE**

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#### **Structure**

- 1.0 Objectives
  - 1.1 Introduction
  - 1.2 Meaning of the Discipline
  - 1.3 Nature and Scope
  - 1.4 Importance
  - 1.5 Let Us Sum Up
  - 1.6 Key Words
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  - 1.8 Suggested Readings
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#### **1.0 Objectives**

After studying this unit, you should be able to:

- Understand the basic meaning of the discipline
  - Explain its nature and scope
  - Describe its importance in contemporary society
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#### **1.1 Introduction**

This unit introduces the learner to the basic concepts of the discipline. It provides a conceptual foundation necessary for understanding advanced topics discussed in subsequent units.

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## 1.2 Meaning of the Discipline

The discipline refers to a systematic body of knowledge developed through research and practice. It focuses on understanding patterns, structures, and processes related to its subject matter.

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### Check Your Progress – 1

1. Define the discipline in your own words.
  2. Mention one key feature of the discipline.
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## 1.3 Nature and Scope

The discipline is:

- Analytical in nature
- Interdisciplinary in approach
- Dynamic and evolving

Its scope includes theoretical study, practical application, and policy-oriented research.

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## 1.4 Importance

The study of this discipline helps in:

- Developing critical thinking
  - Understanding social and practical issues
  - Enhancing professional competence
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## 1.5 Let Us Sum Up

In this unit, we discussed the meaning, nature, scope, and importance of the discipline. These concepts form the base for further learning.

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## 1.6 Key Words

- **Discipline:** A structured field of study
- **Scope:** Area covered by a subject
- **Nature:** Characteristics of a discipline

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## 1.7 Answers to Check Your Progress

1. The discipline is a structured body of knowledge developed systematically.
  2. One key feature is its analytical nature.
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## 1.8 Suggested Readings

1. Author Name (Year). *Title of the Book*. Publisher.
  2. IGNOU Study Material, SAMPLE-101.
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## How This Matches Real IGNOU SLMs

- ✓ Official IGNOU headings and numbering
  - ✓ Objective-based learning format
  - ✓ “Check Your Progress” self-assessment
  - ✓ Neutral academic language
  - ✓ Exam-oriented structure
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