

# IGNOU Study Tips – Quick Reference (Toppers' Strategies)

## 1. Understand the IGNOU System

- Focus first on **Self Learning Materials (SLMs)** provided by IGNOU—they cover 100% of the syllabus.
- Know the **exam pattern, weightages, and assignment deadlines** to schedule studies effectively.

## 2. Create a Study Plan

### Daily Routine

- Set a fixed daily routine (e.g., 1.5–3 hours/day).
- Split sessions into short focused blocks (45–60 min with breaks).

### Weekly Targets

- Assign specific units to specific days.
- Reserve weekends for revision, assignments, or past papers.

## 3. Prioritize Assignments

- Assignments contribute ~30% to the final score—complete them early.
- Use SLMs to draft assignments rather than external help.

## 4. Active Study Techniques

- **Highlight key concepts** in study material.
- Create **short notes, mind maps, and bullet summaries**.
- Practice **“write answers within time limits”**—IGNOU exams are descriptive.

## 5. Practice with Past Papers

- Collect **previous years' questions** and practice regularly.
- Recognize recurring topics and trends.

## 6. Use IGNOU Official Digital Resources

- Access **eGyankosh** for digital content and videos.
- Watch video lectures on YouTube or through IGNOU LMS.

## 7. Study Groups and Peer Discussions

- Join student groups (Telegram/WhatsApp) to clarify doubts.
- Discuss tricky topics to reinforce memory.

## **8. Time Management**

- Balance study with work/family commitments.
- Plan **revision cycles** before exams.

## **9. Exam-Day Strategy**

- Read the **entire question paper before writing**.
- Allocate time per question based on marks.

## **10. Health and Consistency**

- Maintain a balanced schedule—sleep, nutrition, and mental breaks improve focus.

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